

CGA Handbook 2018-2019

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Club Overview

Thank you for your membership or interest in CGA Academy Soccer Club. This handbook is made available so that one can understand our structure, rules, guidelines and the many other aspects of what it means to be a member of CGA Academy Soccer Club. Please feel free to contact us with any questions you may have.

CGA Academy Soccer Club may be referred to as "CGA Academy S.C.", "CGASC" or the "Club" in this handbook. CGASC aims to be a premier club that develops players of all ages. We love the game of soccer and more importantly, we love to impart our knowledge of the game to those who are equally as passionate and would like to learn.

CGA Academy Soccer Club Philosophy

An artist has the ability to express themselves through a chosen medium. Through practice and discovery, through trial and error an artistic style is formed. Through discipline the artist masters self. Through commitment and hard work one prepares the road ahead. Through devotion one's focus is set on the prize and can't be led astray. Fun, enjoyment and the challenge of expression is the motivation. By choosing CGA Academy, you are choosing the path of the artist. You are choosing to have fun playing soccer and enjoy the challenge of the game. You are ready to accept and learn from the tools that will help you to be successful: discipline, commitment, hard work, preparation, devotion, fun and the enjoyment of the challenge.

We are lifelong learners of the game of soccer and we look forward to working with you to achieve your soccer goals and helping you along your journey.

Core Beliefs

To better understand how we view soccer, below is a list of our core beliefs:

- We believe that a supportive environment is one that nurtures creativity and views mistakes as an opportunity to gain experience and learn.
- We believe that hard work, discipline and belief are the keys to success and overcoming adversity.

- We believe that a professional environment is one that teaches respect for one's self and others.
- We believe that through athletics one can learn a trade, gain confidence and establish lifelong friendships.
- We believe in having fun and fostering the love of the game.

Who Should Join CGA Academy SC

CGA Academy is the right club for you if:

- You love soccer.
- You are tenacious and work hard.
- You love to play and have fun.
- You are excited about learning new things.
- Love being a part of a team that works hard to accomplish individual and team goals.
- You would like to play soccer at the highest levels (college or professionally).

Executive Leaders

As an LLC, the Executive Leaders (owners) of the Club are Carlos Elizondo, George Hahui, Alin Suru and Rocky Rhoads. Along with being the Executive Leaders, they will also hold other positions within the club. The following page has a breakdown of the club structure and leadership.

CGA Academy Soccer Club Directors:

Carlos Elizondo - (915) 401-9798 - elizondocarlos@hotmail.com George Hahui - (307) 413-7908 - george@cgaacademy.com Alin Suru - (307) 413-7627 - alin@cgaacademy.com Rocky Rhoads - (208) 220-3950 - rhoarock@gmail.com

CGA Academy Soccer Club Coaching Staff For 2018/19:

2009 Girls: Rocky Rhoads (Matt Shutes)

2006 Girls: Ashley Bringhurst (Jamie Henson)

2004 Girls: Neal Ozmun 2001 Girls: Neal Ozmun

2009 Boys: Alin Suru (Georg Behrens) 2008 Boys: Rocky Rhoads (Ray Ryerson)

2007 Boys: Carlos Elizondo (Durke McLean, Jazmin Garcia)

2006 Boys: Topper Cogan 2003 Boys: Alin Suru

2002 Boys: Jamshid Roomiany (Manny Garcia)

2001 Boys: Alin Suru

2000 Boys: George Hahui

Tryouts

Tryouts will be conducted the beginning of June for the 2019/20 season. Competitive teams will be formed starting with the birth year of 2010. In order to be part of the tryouts you will need to register first at no cost. Please plan to arrive at least 15 minutes earlier to check and get your try out jersey number. You can try out in any of our communities, just make sure that you register accordingly. The try out process consists of a training session ran by one of our coaches. After the session is done you will be presented with a draft schedule for the year together with cost of the program. You will find out about the try out results the following week.

For more information regarding Tryouts for 2019/2020 season please contact us at *info@cgaacademy.com* or a CGA Director.

Thank you for considering CGA Academy Soccer Club!

Uniforms

At the beginning of the 2019/20 year CGA will be switching over to a new uniform style. Uniforms will be kept for at least 2 years. In order to create consistency throughout the club, players may be asked to choose odd or even numbers dependent on their birth year. This is to provide consistency when rostering teams

and allowing for guest play opportunities within the club. Boys/Girls uniform kit consists of 2 jerseys, 2 shorts, 2 pairs of socks, warm up top and pant.

Financial Commitment and Responsibilities

Club Dues and Payment Policy

By registering with CGA Academy Soccer Club, one agrees to meet the financial obligation to participate. Participation dues are based on the budget for the soccer year August 1 – July 31. Families may choose to pay in full or to make monthly automatic credit card payments or monthly automatic bank payments. Financial assistance is available for families. Please email cgasoccerfoundation@gmail.com for more information.

Payment Schedule

- Pay in full or
- First month = initial registration (June)
- Second month = Uniform Only if needed (July)
- August May = Monthly

Initial Registration and Monthly Payments Include

- Coaches salary and traveling expenses
- Idaho Youth Soccer registration
- Facility rental
- League fees (not including indoor league)
- Referee fees
- Indoor training
- Tournament entry fees
- CGA administration

Any events or training outside of the initial budget will be considered stand alone and will be additional. Participation in outside events or training is not mandatory.

Uniforms

Boys/Girls uniform kit consists of 2 jerseys, 2 shorts, 2 pairs of socks, warm up top and pant.

* Hotel and transportation are not included in club payments.

Refunds

Initial registration, uniforms and past monthly payments are not refundable.

Gotsoccer Player Management and Payment System

Families are responsible for managing the player's Gotsoccer club account. If club dues are not current, a player may not be allowed to train or play with his/her CGA Academy SC team or any other team until the account is made current or a payment plan is in place as dictated by the club policy. If a payment does not clear as a result of insufficient funds, the club will invoice for any banking fees incurred.

Club Policies

Travel Policy:

CGA requires that each player conduct themselves in a positive manner both on and off the field. While traveling each player is expected to adhere to the CGA Player conduct rules.

Driving to the Tournament:

If a tournament is within an acceptable driving distance, a club director may approve that the players travel with families to get there.

Other Ground Transportation:

For certain tournaments, a club director may decide if the team will use one of the following options to travel together. Club directors may ask the Travel Coordinator to research these options for cost and viability:

- renting team vehicles
- caravanning using family/chaperone vehicles
- charter bus service

Play-Up Policy:

CGA's philosophy is to have each player play within their true age group. If a special circumstance arises, the following protocol must be followed.

- Prospective play-up must request in writing to one of the directors.
- Player must inform their current coach of their intentions to play up.
- The director and coaches will discuss the merit of the request and decide what is best for the players development. The CGA Directors will make the final decision.

Player Releases and Refunds:

CGA strives to provide a value-based soccer experience for our members and players. As such, our ability to offer quality services and to operate is dependent

upon our members' full commitment to the Club and their team, as well as members paying all Club dues and team fees in a timely manner. Our budgets are based on the number of registered players and projected/estimated operating costs based on level of competition, age group, and individual team needs.

Once a player has committed to a CGA team and has met all requirements for registration, it is expected that the player will remain with CGA for the duration of the playing year and that the player and player's family will be responsible for all CGA Club dues and team fees.

Due to the budgetary structure of CGA, the Club will only provide refunds and/or relief of Club dues and team fees under the following circumstances:

- Player relocates his/her primary residence outside of an area that CGA can service.

In these circumstances, CGA will refund, or provide relief for, prorated dues and fees based on the number of games the team was scheduled to play (league and tournament) and the number of games the player was unable to participate in, minus non-refundable amounts.

Concerning a player's release from the Club during the playing season, the requesting player/family must submit a written request for release stating the basis for such request to the CGA Board of Directors. The decision of the directors will be final in all cases.

Guest Player Policy

- Within the club: players may be asked by other CGA teams to be a guest player at a league game or tournament. This request needs to be made from coach to coach. Given there are no conflicts in scheduling the coaches will come to an arrangement to satisfy the need.
- Outside the club: If you are asked to be a guest player by a team at another club for non-league play such as a tournament, you must contact a CGA director prior to saying yes. The director will work with the coach to ensure there are no scheduling conflicts or areas of concern prior to releasing the player card of the player.

Guidelines for Players and Parents

Player Conduct

At CGA Academy S.C., every player is expected to conduct themselves in a manner that reflects positively upon one's self, family and the club. All players will adhere to the standards below during practices and during games:

Do your best, work hard and have fun.

- Refrain from lashing out at opposing players, parents, spectators or coaches. Even when you have been fouled or someone is taunting you. Controlling your emotions and your reactions is of upmost importance. Fighting and use of mean spirited or foul language is not acceptable behavior.
- Refrain from making comments or gestures that express negative connotations towards the referees. Your focus should be working together with your teammates to achieve the goals of the team. Do not focus your energy on the referee's decisions. Control what you can control.
- Be respectful toward your teammates and coaches. Disagreements will happen. When one works on a disagreement with respect and a positive mentality, disagreements can help the team solve problems and friendships to become stronger.
- Display good sportsmanship. When you win you do it with respect for the other team. When you lose, you don't have to like it but you must show respect for the other team. We will shake hands with our opponents and the referees after the game is over.

Players who can't abide by the above standards may be disciplined by the team coach or by the CGASC Leadership. Helping players to become responsible young adults is important to the club and yes kids will make mistakes. However, the severity and repeated violation of above standards may result in suspension or even expulsion from the club.

Parent Team and Club Support

It is the club's aim to foster a community of support for the club and for our teams. Your active participation is needed as there are always many moving pieces. It takes a community to help individual players and teams achieve their goals. Please let us know if there is a way that you can help us help our soccer community.

Parent Communication

• If you have any questions or concerns, please do not hesitate to contact your team manager, coach or CGASC Leadership.

- During the course of a season, one may disagree with a coaching decision. This is natural and it is natural to speak to the coach about it. We ask that you please do this by arranging a meeting. Meeting directly before games (coach is preparing) and directly after games (reflecting, preparing and emotions still high) are not good times to discuss any issues.
- Please do not send long emails or heated ones. Please arrange to speak with the coach, manager or CGASC Leadership in person. It is very easy to misread or misinterpret a message. Especially when you don't already have an established relationship with that person.

Parent Conduct at Games

- We have to set the right example. Please do not address the referee, opposing team's players, parents or coaches in a negative, aggressive or confrontational manner. Our kids are watching our behavior and will copy us especially in stressful situations.
- Please refrain from coaching your child during games. Players must be focused on the moment and the instructions that have been given to the team. It can become confusing, frustrating and overwhelming for a player when both parents and coaches are trying to give direction. During games, players must be completely focused on the directions the coach has given the players and the team in order for everyone to be successful.
- Win or lose be supportive to the team and coaching staff. Your coach is 100% committed and devoted to the development of your child and the team. Win or lose they need your support to achieve individual and team goals.

Parent Conduct at Practices

- You are more than welcome to observe your child's practice and to learn more about the game. However, at no time should you make any comments towards any players or coaches during practice. Practices are a time for coaches to coach, players to learn and for the team to continue to bond. Interruptions can hinder the learning process and add unwanted pressure to coaches and the players.
- Please help players to be on time to all practices. If players are running late, please notify the coach to warn them. If a player will need to miss a practice, please notify the coach as soon as possible. A couple of days' notice is preferable.

Safety

Bad Weather:

Directors will keep an eye on the weather forecast within each community. They will communicate with team managers and coaches in a timely manner to ensure families don't travel to a location where practice will be canceled.

When unexpected weather occurs we will follow the protocol below:

- If lightning is within 5 miles, with or without hearing thunder, the game or practice should be suspended and shelter sought.
- A rough guideline is to measure the time between lightning flash and hearing the thunder. If it is 30 seconds or less, seek shelter.
- In the event that fields become unplayable, directors and coaches will make a decision with the players health and safety coming first.

CGA Academy SC Missing Child Protocol

In the event that a child is missing from the game field or practice field, the following sequence of actions will take place.

- Immediately let the senior CGASC staff member know.
- CGASC senior staff member will blow a horn 5 times in a row. This will signal to everyone that a child is missing.
- Coaches will gather players from their team and have them sit down in a row with the coach standing next to the team.
- Coaches are to double check that all players belong in their group.
- CGASC staff will check all restrooms, playgrounds, parking lots and any other area where the child could have gone.
- If child is not found CGASC staff will call 911
- Game or practice will not commence until the CGASC senior staff has blown the horn for a continuous 5 seconds.

CGA Academy Soccer Foundation

CGA Soccer Foundation is a 501c3 not for profit organization developed exclusively for the charitable purpose of keeping youth soccer affordable for all. Our goal is to assure that all youth, with the desire and love of the game of soccer, may reach their full potential regardless of their ability to pay.

We believe that the game of soccer and being part of a team has the ability to develop a youth's self – esteem while encouraging an active healthy lifestyle.

Soccer also fosters accountability, respect and quality relationships. This in turn can help youth overcome the many challenging obstacles of growing up and gives them the confidence to achieve their future goals, whatever they may be. CGA Foundation will use donations solely for the purpose of supporting athletes with proven financial need. Awards are granted on an individual basis through a thorough application process. Awards help cover program fees, tournament fees and travel costs. Financial aid consideration will be need based with consideration of academic commitment, leadership, sportsmanship and a willingness to contribute back to the CGA Community.

For more information regarding the scholarship process, please email cgaacademysoccerfoundation@gmail.com

Advisory Board

Tony Hartl Peta Roubin Dave Adams Candee Carter

Disciplinary Board

Carlos Elizondo George Hahui Alin Suru Rocky Rhoads Mary Kramer